#### Cabot School District

P.A.W.S. Ed - Panther Academy of Wellness and Social/Emotional Development - This is an opportunity to attend FREE educational classes provided by the District. These classes address various wellness and social-emotional issues and are targeted for parents and community members.

## FREE to the Community!

# Suicide Awareness Class

Thursday, December 6th 1 p.m. and 6 p.m. classes

## Academic Center of Excellence 21 Funtastic Drive

Kristy Jumper, Community Liaison Pinnacle Pointe Hospital/The Jason Foundation

- Current suicide rate statistics
  - Suicide warning signs

### To register contact:

Kelly Spencer, District Health & Wellness Coordinator at (501) 843-3363 ext 1204 or email kelly.spencer@cps.k12.ar.us

#### The Jason Foundation

is an educational non-profit organization dedicated to the awareness and prevention of youth suicide.



Future P.A.W.S. Ed. Events

(1 pm & 6 pm classes)

Wade Knox Child Center Resources (January 15)

Tobacco Cessation Resource Class (February 7)

Cyberbullying (March 26)

Preparing Your Child For Kindergarten (TBA-April)

Prescription Drug Abuse (May 20)