



Health & Wellness Advisory Committee

Central Administrative Office-Professional Development Center Room – 3:45 pm

May 11, 2016

Members present: Megan Head (MSN), Miriam Berryhill (SS), Lori Bridges (SS), Carina Carbone (WS), Laura Abbott (FA), Tanya Spillane (FA), Nicole Gatewood (CHS), Rich McConnell (CHS), Dawn Peeples (MSN), Donna Nash (school board), Sarai Martin (MS), Erin Wilkes (Food Service), Debbie Carr (Maint./Constr), Lisa York (JHS), Katie Laney (JHS), Vonda Jacobs (CAO), Joanne Blalock (CLA), Morgan Verkler (ES), Dawn Vekler (WC), Casey Adams (WC), Earnie Young (Tech), Andy Martin (Tech), Bethany Hill (CE), Kelly Spencer (CE), Charlotte Sandage (JHN) John Shirron (ACE/ALE), Stacey Allen (ES), Suzie Kelley (NS), Michael Byrd (CAO), Tony Thurman (CAO), Tammy Tucker (CAO), Karen Davis (CAO), Linda Payne (CAO), Amy Vailes (MS), Bill Holden (Custodial), Georgia Chastain (MSS).

Meeting began at 3:47 pm

- I. Dr. Thurman Announcement - Announced the cardboard boat race event-Tony's Regatta will be held Wednesday, May 25th at 4 pm. Each school/department must enter a boat. Refer to packet for more information.
- II. Reports:
 - a. Health Services - Vonda Morgan, District Nursing Coordinator- No report
 - b. Food Services – Erin Wilkes, Director of Food Services, Menu Review-Bids for next year. They are lifting some of the sodium and whole grain restrictions.
 - c. Health & Wellness Report – Megan Head, District Health & Wellness Coordinator-Spring Fling had 350 adults and 55 kids event. The Lion's Club Hero Dash has been rescheduled for a later date (TBA). Volleyball had seven teams participate and JHN won the championship.
 - d. Student Services -Michael Byrd, Director of Student Services - Kindergarten round up was a success. There 581 kindergarteners registered for next year. PRIDE Celebration will be this Friday.
- III. New Business:
 - a. Building-level Goals for Wellness 2015-16-Every building needs to have documentation of goals and artifacts. We must show that we have two meetings a year to discuss progress.
 - b. School Health Index-Due May 20th. Administrators are currently working on completing this evaluation. Building chairs need to keep documentation for the year.

- c. Review of Wellness Committee Requirements/Documentation 2015-16-all requirements have been met for the 2015-16 school year.
- d. Staff Wellness 2015-16-participation is down this year.
- e. Staff Wellness 2016-17-Committee discussed having drafts for competitive events. Discussion about teachers not wanting to commit to multiple night events and coming up with non-competitive, one night events.

IV. Other Business

- V. a. Committee Membership- If members are looking to be replaced for next year, please visit with Megan ASAP so we can set the committee for next year.

VI.

- VII. Meeting was adjourned at 4:08 pm