



Health & Wellness Advisory Committee Minutes

Central Administrative Office-Boardroom– 3:45 pm

April 17, 2017

Members Present: Megan Curtis - CMN, Nicole Gatewood - CHS, Casey Adams - WC, Shae McGilvray - CHNS, Robin Casteel - SC, Andrea Mendoza - SS, Jamie Oitker - CE, Taryn Oitker - student, Michael Byrd - CAO, Sarai Martin - MSE, Keri Jackson - CAO, Terena Woodruff - CAO, Carly Madar - Student, Emily Madar - MSS, Laura Abbott - FA, Morgan Verkler - ES, Erin Wilkes - FS, Jared Walters - JHS, Donna Nash - School Board, Lisa Park - WS, Milton Garris - ADH, Miriam Berryhill - NS

Meeting began at 3:48 pm.

Reports:

Health Services- Megan Curtis for Vonda Morgan, District Nursing Coordinator, reported that we are still waiting to hear from the grant for the school based health center.

Food Services – Erin Wilkes, Director of Food Services, provided the quarterly menu review. Menus are online. She was asked to speak in a local meeting about wellness because Cabot is known for our wellness committee.

Student Services - Michael Byrd, Director of Student Services presented about PRIDE celebration for 5th graders this Friday. A celebration has been planned for MSN and MSS. Craig O'Neil will be emceeding. If members have opportunity to attend you are welcome.

New Business:

Coordinated School Health: Megan Curtis presented that the School Health Index will be done online this year. This will help with uploading into Indistar next year. She will go through the principals, but they will come to coordinators for health and possibly PE portions. The SHI is to help us grow and set goals. It is ok to have low scores in some areas.

Indistar: Megan Curtis presented about Indistar. Dr. Duerkop will be sending an email to principals and Indistar representatives and wellness coordinators will work with them. Shae McGilvray, Community Health Nurse

Specialist, has written notes on each school's report. In the agenda packet is information about what should be on our Wellness priority, which will help coordinators along with a dummy sheet that Ms. McGillvray has made to compare notes to. Make sure that the SHI box is checked.

Wellness Committee Requirements- Attached to the agenda is a packet that shows you what we do as a committee and when we do it. If you have any questions about what we are to do annually, email Megan Curtis.

Volleyball: In the past there have been many forfeits. Discussion was presented about the possibility of a one night single elimination tournament. Proposal was agreed upon. A night in May will be decided upon. Megan Curtis will email coordinators closer to time with details of the volleyball tournament.

Staff Wellness: Megan asked coordinators to be thinking ahead to next year. Putt-putt will be nixed next year. She asked everyone to think of one night events since they have better turn out.

Membership: Let Megan Curtis know if you do not want to fulfill the role next year.

Meeting was adjourned at 4:02 pm.