# G/T Seminar Grades 7-9

Traci Chudy
Gifted & Talented Specialist
traci.chudy@cps.k12.ar.us
mrschudy.weebly.com



### 7th-9th Grade G/T Seminar

- -Social & Emotional Well-Being
- -Critical Thinking, Creative Thinking, Problem Solving Skills
- -Counseling for Scheduling Through Pre-AP and AP Courses
- -Preparation for High-Stakes Exams

## Social and Emotional Well-Being

- -Stress Management
  - -Laughter
  - -Exercise/ Physical Activity
  - -Meditation
- -Study Skills/ Note Taking Skills
  - -Short-Term vs Long-Term Memory
- -Brain Research
  - -Brain Dominance (Apply to Note Taking and Studying)
  - -Brain Development/ Understanding Actions & Reactions

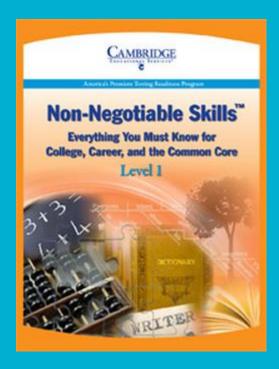
### 9th Grade

- -Scheduling
  - -Pre-AP through AP
  - -4 Year Plan
- -Scholarships
- -College Resume

Grade	English	Math	Science	Social Studies	Elective	Elective	Elective
8 <sup>th</sup> 1.5 credits		Pre-AP Algebra I		Pre-AP Arkansas History			
9 <sup>th</sup> 7 credits	Pre-AP English	Pre-AP Geometry	Pre-AP Physical Science	Pre-AP Civics/Econ	Oral Com Keystone	PE Health/Safety Foreign Lang	
10 <sup>th</sup> 7 credits	Pre-AP English	Pre-AP Algebra II	Pre-AP Biology	AP US History	G/T Seminar I	Foreign Lang II Pre-AP Foreign Lang	
11 <sup>th</sup> 7 credits	To Grad W/ Honors:  Advanced English  or AP Lang & Comp	PreAP Pre- Calculus/ Trigonometry	AP Biology  Anat & Physiol  Botany/Zool Chemistry  Pre-AP Chem Physics	AP World History	G/T Seminar II	Foreign Lang III AP Foreign Lang	
12 <sup>th</sup>	To Grad W/	Algebra III	AP Biology	AP			

### 7th & 8th Grade

Cambridge Non-Negotiable Skills (Level I)



## Preparation for High-Stakes Exams

- -ACT (College Entrance Exam)
- -PSAT (NMSQT- National Merit Scholarship Qualifying Test)
  - -PSAT 8/9: January, as Freshmen (Optional)
  - -PSAT 10: October, as Sophomores (Optional)
  - -PSAT/NMSQT: October, as Juniors (Required)

#### Parent Contact:

Newsletters/Emails

**REMIND** 

7-9 G/T Website

**Phone Contact As Needed** 

#### traci.chudy@cps.k12.ar.us

7-9 G/T Website:

http://mrschudy.weebly.com/

**REMIND:** text to 81010:

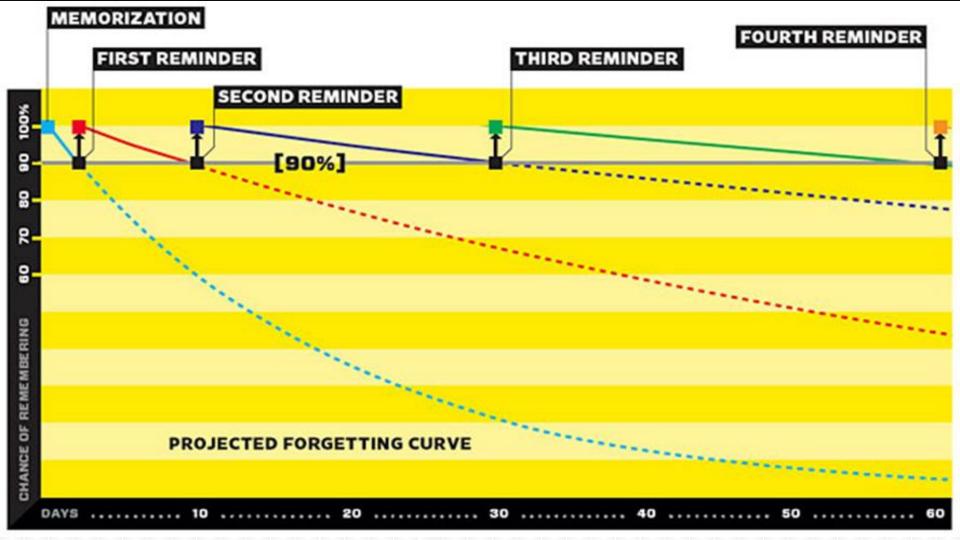
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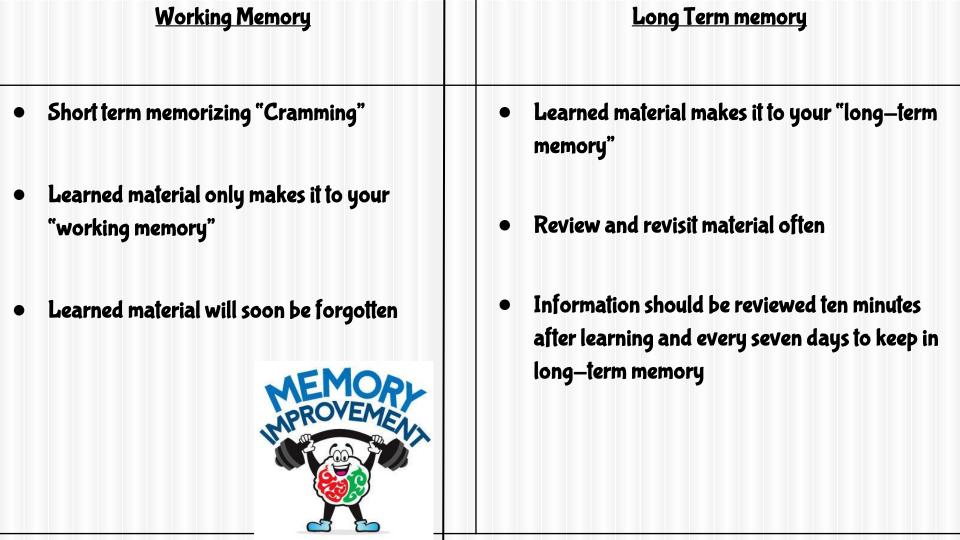
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JHS- (7th Grade) @cjhsgt7 (8th Grade) @cjhsgt8

**Questions?** 

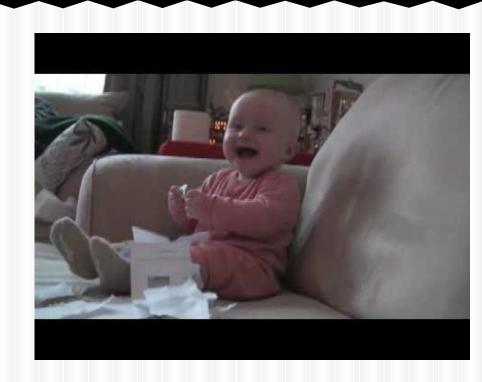
**Comments?** 

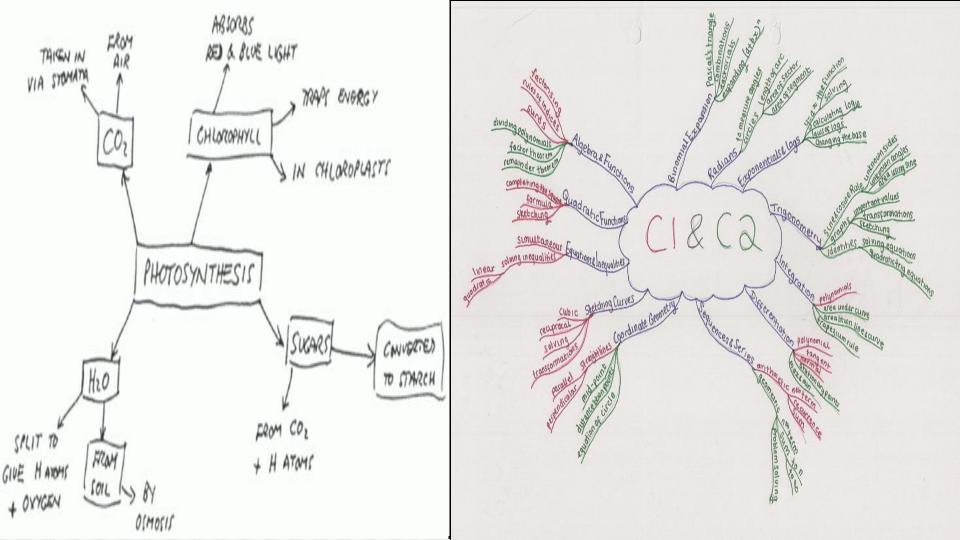




## Stress Management: Humor

- Lowers Blood Pressure
- Laughing is a Release
- Reduces Anxiety
- Improves Test Taking





Call to order - Donner absent 12st - 34% 31 - MAY 2013 1 JUNE 2013 TEXAY TACKSON, MOYO AguiPRE ON WATCH, I have THE OF STEWNER GIN IN 15190 THE AT 2563 CAC Calendar head the previous watch tog's it's per Ecolism and END. OF STEUDIST STUTO ISLAND THAN AS 2305 AND Kund No Descrepensies, The watch is Releived, The Appre Ask 58 all or 15who to #2 App. a. Week - Taney on sound FOLLOWING EQUIPMENT IS CALINE "3 GEN, P/S MAIN DESTY ON THE STATE OF SECURCE ! IN SHIPE ENGS, #1 8/5 SATEWHICK COOLING, 1/2 Ships his corps, Greek on schedule #1/2 EUMPS, " I Received inecrea, " I possible, " I HOT Tops needs 2+ volunteers WATER CIRC, " 1/2 SANITARY, MIS D, # 1/2 All Ale comp's, "1 GOD ROUNDS READERS EVALUE SUSTEMPS CHECKED b. Month - promotions - Tops ME SALTWATER, "I Ale Chill WHTER, " I Plo STEERING. ASS ORABUTED HE RESTARS STEUZE. Flo CENTRIFUGE - analyzing shares - bonner ROUPLY SHIETIMA AL SUSTING BIRTY OIL THAK 1'5"= 1005 GHIS C. Pear - on track for July SOCIAL FASTER ALL THINKS ALL CONTENTS HECOUNTED FOR BOD AC CHIEF TO SOLERIAL CROSS - Boeing on Agust + Sept not faved a Reading's, checked till Engine Elvid levels 270 PERMAND FORE AND THEIR MAIN ENGINESS privace his receivers, checked the Engineering Spices 64 ADDED APK 28 GAL OF SABAO MEDIL TO RECTURAD cleaning / phinting in Engine Room ADDED ARE DE CAL OF SAELS MECK. TO SAFE WEST Unfinished Business Served MISO BOOK COLL HIS COURS CONTAIN ONE TEST Over Records & Readings, Charled M. Engine Flord levels a. Managing case loads Some Theres feeren water war free out to the comme water Drained His Receivers, checked HI Engineering Spaces - intohile Ms. Lawrence Thur 2015 STATUTE & S GEV, WATER THE CHO THOMISTERIES 1400 GHIS TO B SETTLING THAT FROM 18-48 DEL PROGRAMS IN SCHOOL THE ! Carinoe cleaning I punting 2025 #2 Gen // wrn # 5Gen } b. Working on payment schedule - Green getting atside help 580 Rands & Rendings, Checked All Engine Fluid levels 2016 MAIN CHESE COURSE SONT TO BETCHES. actived the like vers, checked the Engineering spaces 2015 PONTED PONTA ALLINA PERE 0900 Lab punpowline CATO ELECTRICAS # 1/2 ONLINE ! C. Parking & ride - share THE EAST MOUTHLY OWS THEST RUN / INSpection Chief Comme - location Dountary don't forget 215 THUSTIN ANTI-THE BOLLSTO TAXALLE 5THRY 0845 - 52 39 50014 -68 10 WEST CASO BY SEN THE SUCK LOCKENS DOWN BY CHES End 88:55 - 52 40 SOM, - 68 9 WASTE the way home , " 2150 #2 Gen Starte . #3 character with \$2 to 1886. Ilo Trimpsiever & 1200 Gal's To To Settling THAT, FROM #8-1/5 2500 TRUSTEED DEC GAS OF THE THAN BY TO SETTLEMENT 1. New Projects 2 TO SECURED SWETTERY WATER IN ANY PAGE DELTE HET PLUSSE. a. Freely-Melton
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