

JR. HIGH CROSS COUNTRY SCHEDULE 2018



DATE	MEET	PLACE	TIME
September 4	Ribbon Meet**	Mt. Carmel Baptist Church	5:45pm
September 8	Minuteman	Western Hills, LR	8:30 am
September 15	Open		
September 18	Medal Meet**	Mt. Carmel Baptist Church	5:45 pm
September 22	Chile Pepper	U of A – Agri Farm	11:00 am
September 29	Cyclone Invitational	Ark Tech Univ, RSVL	8:00 am
October 6	Bryant Invitational	Bishop Park, Bryant	9:00 am
October 11	Cabot Invitational**	Rolling Hills Country Club	4:15 pm
October 13	CabotFest 5K (Optional but encouraged for Lonoke County cancer patients)	Downtown Cabot	8:00 am
October 16	Trophy Meet**	Mt. Carmel Baptist Church	5:45 pm
October 20	Cabot Walmart Invitational**	Mt. Carmel Baptist Church	10:00 am

For the out of town invitational meets, athletes will be chosen to go the week of that meet based on practices and previous meets performance.

**ALL runners will compete at these meets.