

7A East/Central Conference Track Meet – April 28, 2016

Cabot Boys Final Results

100 Meter Dash

#3	Britton Alley	11.34
#5	Brandon Whitley	11.54
#7	Mark Odom	11.67

110 Meter Hurdles

#1	Mark Odom	14.69
#6	Chris Boles	16.35

1,600 Meter Run

#7	Gardner Howze	4:44.95
#10	Nick Blanford	4:52.95
#11	Wells Guyor	4:55.01

200 Meter Dash

#2	Britton Alley	22.74
#7	Conley Hillegas	23.20

300 Meter Hurdles

#1	Mark Odom	40.15
#11	Connor Daigle	43.22
#14	Taylor George	44.27
#18	Bennett Coats	45.27

Discus

#3	Brandon Jones	136-08.00
#5	Mark Odom	131-11.00
#11	Omero Garcia	103-06.00

Long Jump

#2	Jarrold Banes	21-11.75
#4	Brandon Whitley	20-10.75
#15	TJ Rogers	18-09.75
#20	Tommy Oaks	18-00.00

Shot Put

#4	Mark Odom	44-08.25
#10	Brandon Jones	39-11.50
#11	Easton Seidl	39-09.50

3,200 Meter Run

#7	Black Scott	10:39.62
#12	Gardner Howze	10:51.62
#16	Stuart Nickell	11:05.30
#19	Ben Hicks	11:50.81

400 Meter Dash

#5	Britton Alley	50.97
#6	Rocky Burke	51.67
#10	Conley Hillegas	52.62
#11	Seth Carter	52.66

4x100 Meters Relay

#1	Cabot	43.29
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4x400 Meter Relay

#2	Cabot	8:38.29
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800 Meter Run

#2	Gardner Howze	2:04.34
#4	Jack Moore	2:05.40
#6	Greyson Kaufman	2:06.79
#7	Landon Vaught	2:09.00

High Jump

#1	Matthew Stanley	6-04.00
#6	Mark Odom	6-00.00
#8	TJ Rogers	5-10.00
#15	Tommy Oaks	5-08.00

Pole Vault

#1	Rocky Burke	13-08.00
#2	Dylan Smith	12-08.00
#4	Braxton Burton	11-06.00
#9	Cody Skinner	9-00.00

Triple Jump

#1	Jarrold Banes	43-03.00
#12	Bradley Morales	39-04.00
#13	Brandon Whitley	39-04.00