

Mental Health Resources

Crisis Lines

Adult Crisis Helpline - 1.888.274.7472

Arkansas TEENLINE - 1.800.798.8336

Spanish Crisis Helpline - 1.866.751.5937

Phone a Friend for Kids - 1.888.723.3225

National Suicide Prevention Lifeline - 1.800.273.TALK (8255)

Crisis Text Hotline - Text HELLO to 741-741

Counseling Agencies

Provide School Based Services

Families, Inc. - 501-982-5000

Life Strategies, Inc. - 1.866.972.1268

Life Within Counseling Group - 501-232-2600

Professional Counseling Associates - 501.843.3597

The Pointe - 501.843.9233

Provide Private Services

Behavioral Health Services of Arkansas - 501.954.7470

Chenal Family Therapy - 501.781.2230

Growing Hope - 501.230.1714

Hinton Graham - 501.941.1380